

Meet Your Soul: A Powerful Guide to Connect with Your Most Sacred Self

Elisa Romeo

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In this groundbreaking book, therapist and intuitive Elisa Romeo, takes Soul beyond an intellectual concept and into a direct and personal relationship. Pulling from depth psychology, years of practical experience, and touching stories from clients, Elisa brings substance and gravitas—and some levity—to the topic of how to live a Soulful life.

This comprehensive, straightforward program contains effective meditations, visualizations, and inquiries to support you on the often messy, winding, and yet amusing path of discovering your Soul in modern times. Meet Your Soul not only tells you how to access your Soul connection but also preps you for some of the common obstacles you're likely to encounter on your journey. With her kind and informed direction, you'll learn to:

- Understand the crucial distinction between ego, Spirit, and Soul
- Create and cultivate a strong spiritual practice
- Distinguish your Soul Truth from the beliefs of family, friends, and society
- Clearly access the voice of your Soul
- Gain awareness of the key Soul contracts in your life and discover your Divine purpose

This book helps you meet the oldest, wisest, and most loving part of yourself—the part that gives meaning and purpose to your life. Elisa shows that each of us has the capacity to hear this personal, unique guidance directly. You needn't look outside yourself to a guru, program, or system; rather you can simply look within.



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Shirley Akins:

Reading can called mind hangout, why? Because while you are reading a book specially book entitled Meet Your Soul: A Powerful Guide to Connect with Your Most Sacred Self your thoughts will drift away trough every dimension, wandering in most aspect that maybe mysterious for but surely can become your mind friends. Imaging every word written in a book then become one form conclusion and explanation which maybe you never get prior to. The Meet Your Soul: A Powerful Guide to Connect with Your Most Sacred Self giving you an additional experience more than blown away the mind but also giving you useful facts for your better life with this era. So now let us show you the relaxing pattern at this point is your body and mind will be pleased when you are finished reading through it, like winning a sport. Do you want to try this extraordinary wasting spare time activity?

William Wood:

Meet Your Soul: A Powerful Guide to Connect with Your Most Sacred Self can be one of your basic books that are good idea. All of us recommend that straight away because this e-book has good vocabulary that can increase your knowledge in terminology, easy to understand, bit entertaining however delivering the information. The author giving his/her effort to put every word into pleasure arrangement in writing Meet Your Soul: A Powerful Guide to Connect with Your Most Sacred Self yet doesn't forget the main place, giving the reader the hottest and also based confirm resource details that maybe you can be certainly one of it. This great information could drawn you into completely new stage of crucial contemplating.

Awilda Kell:

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