



# Psychology Applied to Modern Life: Adjustment in the 21st Century (PSY 103 Towards Self-Understanding)

*Wayne Weiten, Dana S. Dunn, Elizabeth Yost Hammer*

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## **Psychology Applied to Modern Life: Adjustment in the 21st Century (PSY 103 Towards Self-Understanding)** Wayne Weiten, Dana S. Dunn, Elizabeth Yost Hammer

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