



Abusive Relationships: How to Recognize the Dangerous Signs, Protect your Self-Esteem and Deal with Any Situation Before it Turns Violent

Chanetsa Benhilda

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With this book, you will learn to divorce yourself from your abuser's needs and demands. You will learn what triggers the abuse and how you can control it. It will give you the tools you need to take back control of your life, stop being a victim and take action towards a brighter future.

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