



SuperBrain Yoga

Master Choa Kok Sui

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GrandMaster Choa Kok Sui Reveals an ancient Indian technique of increasing your brain power by harnessing the body's primordial energies. SuperBrain Yoga is a scientifically validated method to help super-energize the brain and enhance its sharpness and clarity. This simple and easy to do technique develops and increases intellectual capacity and sharpens memory & concentration. Included in this book are preliminary scientific studies on the SuperBrain Yoga Exercise showing dramatic improvements in children diagnosed with Autism, ADD, and ADD/ADHD. SuperBrain Yoga can be a part of an effective routine to help people with Dyslexia, Autism, ADHD, Learning Difficulties, Alzheimers and Poor Memory and Retention.

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