

Reaching Out: Interpersonal Effectiveness and Self-Actualization



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Now in its Eleventh Edition, Dr. David H. Johnson's best-selling book, Reaching Out: Interpersonal Effectiveness and Self-Actualization, remains the most comprehensive, practical, and applied book available on interpersonal skills. Its language remains engaging and accessible, aiding the content to come alive for its readers and has continued to keep pace with the latest theories, sources of interpersonal communication, and research in the field of psychological knowledge on how to build and maintain relationships. As it has done for decades now, Johnson's preeminent work will guide and prepare all types of students for a myriad of occupations, helping them to develop and refine their own level of interpersonal skills in a unique and engaging manner.

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