



Parent-Child Interaction Therapy (Issues in Clinical Child Psychology)

Cheryl Bodiford McNeil, Toni L. Hembree-Kigin, Karla Anhalt

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Over the past two decades, Parent-Child Interaction Therapy (PCIT) emerged as a leading-edge method for helping parents improve their children's disruptive and oppositional behavior. Today, PCIT has a robust evidence base; is used across the country in settings as diverse as hospitals, mental health centers, schools, and mobile clinics; and is rapidly gaining popularity in other parts of the world. In keeping with this increasing recognition of PCIT's effectiveness, the authors of Parent-Child Interaction Therapy present this expanded clinical edition to keep readers up to date on new practice developments, current treatment protocols, and the latest research findings.

This update retains the fundamentals as detailed by PCIT's founder, Dr. Sheila Eyberg, including an overview of the therapy, detailed description of the course of treatment, and handout materials. The text goes further to explore the evolution of PCIT outside the original target ages of three-to-six (including preventive PCIT for very young children at risk) and examines the use of PCIT with special child populations, such as abuse victims and those with ADHD. Contributing experts discuss uses of the therapy in school, at home, with minorities, and with highly stressed families. But regardless of the population, setting, or topic covered, interventions remain faithful to basic PCIT principles and methods.

New features of the expanded second edition include:

- Adaptations of PCIT for babies, toddlers, preteens, and siblings.
- Applications for abuse survivors, children with developmental disabilities, ADHD, and severe aggression problems.
- Uses of PCIT with separating or divorced parents.
- Culturally relevant PCIT for ethnic minority and international families.
- Teacher-child, staff-child, and home-based applications.
- PCIT training guidelines.
- A brand-new chapter summarizing current research supporting PCIT.

As PCIT broadens its scope, *Parent-Child Interaction Therapy, Second Edition*, brings innovative ideas and proven techniques to clinical child psychologists, school psychologists, and other mental health providers working to enhance the lives of children and their families.

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