



# Brain-Savvy Leaders: The Science of Significant Ministry

*Charles Stone*

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Leadership demands constant reframing and reappraisal of the situation at hand. It requires focus, objectivity, honest appraisal of self and others, and evaluation of available resources. An effective Christian church leader must also align the congregation's vision and practices with God's vision and the teachings of Christ. Perhaps most importantly, the church leader must *love others*.

Author Charles Stone uses recent neuroscience research to show how basic brain processes affect leadership. He writes in layperson's language, with memory-boosting illustrations and acronyms, helping readers to increase productivity, handle stress, create and sustain healthy teams, and manage change in the church. Brain science complements and reinforces Christian teaching on life and leadership; *Brain-Savvy Leaders* equips readers to use that science as a tool for improvement for life and for the church.

### ***Brain-Savvy Leaders is...***

... the best book I have read on the brain science of healthy thinking and effective leadership. Dr. Stone has done an incredible job of balancing modern brain science with Biblical truth, making complex ideas simple to understand and providing practical tools to enhance mental performance. --Timothy R. Jennings, M.D., FAPA; President, Tennessee Psychiatric Association; Vice President, Southern Psychiatric Association; author, *The God Shaped Brain: How Changing Your View of God Transforms Your Life*

... an engaging and fun read that's also insightful, informative, and practical. A valuable resource for spiritual leaders. --Golnaz Tabinia, neuroscientist and assistant professor, Carnegie Mellon University

... will help you with emotional regulation, personal productivity, team collaboration and change management. It's a winner! --Dan Reiland, Executive Pastor, 12Stone Church, Lawrenceville, Georgia; author, *Amplified Leadership*

... shares helpful tips on how to master leadership in the church. I needed this book. --Ron Edmondson, Senior Pastor, Immanuel Baptist Church, Lexington, Kentucky

... can help you take your church to the next level and help you better align your leadership with God's desires. It will help you achieve greater focus and design more cohesive and collaborative teams. I highly recommend it. --Jeffrey M. Schwartz, M.D., author of *You Are Not Your Brain* and *Brain Lock*

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#### **Kevin Lemon:**

Spent a free time and energy to be fun activity to try and do! A lot of people spent their down time with their family, or their friends. Usually they undertaking activity like watching television, likely to beach, or picnic from the park. They actually doing same task every week. Do you feel it? Do you need to something different to fill your current free time/ holiday? Can be reading a book may be option to fill your free of charge time/ holiday. The first thing you ask may be what kinds of guide that you should read. If you want to try look for book, may be the e-book untitled Brain-Savvy Leaders: The Science of Significant Ministry can be excellent book to read. May be it might be best activity to you.

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