



Mystic Heart: Reflections on Life, Spirituality and the Sacred Journey

Dr. W. Al Jordan Jr.

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This volume is a compilation of short writings and reflections on life, spirituality and faith. The collection includes meditations, observations about life, thoughts on mystical spirituality, inter-religious commentary and practical wisdom gleaned from a lifetime of counseling and spiritual searching. The intent of the reflections is to raise consciousness and open new vistas for finding deeper meaning and personal wholeness in this sacred journey we call life. Namaste

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