



Better than the Best: Black Athletes Speak, 1920-2007 (V. Ethel Willis White Books)

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In these engaging and forthright interviews, thirteen African American athletes talk about how they endured through pain, loneliness, and rejection to become champions. In sports as diverse as football and fencing, wrestling and track and field, these men and women triumphed over the odds to become better than the best. Their legacy is in their accomplishments and in their determination to continue contributing to the societal transformation their efforts helped make possible.

Arthur Ashe Jr. (tennis)

Don Benning (wrestling)

Nikke Franke (fencing)

Ken Hudson (NBA referee)

Jennifer Johnson (Paralympics table tennis)

Sam Lacy (baseball and journalism)

Alan Page (football)

Maurice Smith (martial arts)

Mae Faggs Starr (track and field)

Wyomia Tyus (track and field)

Peter Westbrook (fencing)

Mal Whitfield (track and field)

Lenny Wilkens (basketball)

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Aida Zambrana:

People live in this new moment of lifestyle always make an effort to and must have the free time or they will get great deal of stress from both way of life and work. So , if we ask do people have extra time, we will say absolutely yes. People is human not only a robot. Then we question again, what kind of activity do you have when the spare time coming to you actually of course your answer will unlimited right. Then do you ever try this one, reading guides. It can be your alternative with spending your spare time, the actual book you have read will be Better than the Best: Black Athletes Speak, 1920-2007 (V. Ethel Willis White Books).

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Susan Woods:

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