



The Fearless Factor

Jacqueline Wales

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Fear is a conditioned response and you can grow out of it. In this powerful book, you can learn how to develop confidence, and clear communication so you can overcome your biggest fears about money, relationships, career, age, performance anxiety or any other issue that is holding you back from achieving all the success you want in life. The Fearless Factor will help you move you from stuck to celebration of your unique talents, skills and accomplishments so you can start living your best life now. "Fear is our essential lack of belief in our ability to handle whatever comes our way. Full of wonderful anecdotes and heart-felt stories, Jacqueline Wales beautifully illustrates how to start managing your fears so you can live your life the way you want it to be." - Susan Jeffers, Ph.D., author of *Feel the Fear and Do It Anyway* "Jacqueline Wales gets right down to the heart of our fears -and uses a magician's touch to help turn negative thoughts around. THE FEARLESS FACTOR shows us a blazing light at the end of all our worries. I found myself nurtured by every chapter I read, and it made me happy to think of how many women Jacqueline is helping, and will help in the days to come. It's a really good read." - Marianne Williamson, New York Times bestselling author *The Age of Miracles*

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