



# Surprises around the Bend: 50 Adventurous Walkers

*Richard A. Hasler*

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## **Surprises around the Bend: 50 Adventurous Walkers** Richard A. Hasler

Many of the most creative men and women in history have been ardent walkers, says Richard Hasler, and many of those same people affirm that a particular walk was a serendipitous experience, resulting in personal transformation.

Surprises around the Bend shares the stories of some of these famous women and men who, while walking, had dramatic experiences that altered the course of their lives. These brief yet telling stories are filled with unusual and interesting details that encourage and challenge young and old to emulate these companions by creating their own personal walking programs with the quiet expectation of meeting surprises around the bend and experiencing physical, mental, and spiritual renewal.

Grouped into categories of Physicians and Naturalists, Poets and Novelists, Politicians and Teachers, Pilgrims and Seekers, Prophets and Reformers, included among the famous walkers are Francis of Assisi, John Bunyan, Mother Teresa, Thomas Merton, Peace Pilgrim, Toyohiko Kagawa, Martin Luther King, and Dietrich Bonhoeffer.

Aimed at helping readers live well in body, mind, and spirit, Surprises around the Bend includes simple walking tips, prayers, a guide to prayer walking, and scripture readings.

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Spent a free time for you to be fun activity to perform! A lot of people spent their spare time with their family, or their very own friends. Usually they accomplishing activity like watching television, about to beach, or picnic within the park. They actually doing same task every week. Do you feel it? Do you wish to something different to fill your free time/ holiday? Could be reading a book could be option to fill your no cost time/ holiday. The first thing that you'll ask may be what kinds of e-book that you should read. If you want to try out look for book, may be the publication untitled Surprises around the Bend: 50 Adventurous Walkers can be fine book to read. May be it can be best activity to you.

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