



Handwriting for Heroes: Learn to Write with Your Non-Dominant Hand in Six Weeks. 3rd Ed.

Kathleen E. Yancosek, Kristin Gulick

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Learning to write with the previously non-dominant hand can be a rewarding accomplishment along the recovery path; it is an accomplishment that leads to improved self-esteem, increased opportunities for hobbies and work occupations, and one more illustration of the adult's ability to overcome adversity.

Occupational Therapists Acclaim for the Handwriting for Heroes Method

"I used Handwriting for Heroes with all of my patients, some had lost hand function from amputation, brachial plexus injuries, stroke, or extensive soft tissue trauma to the dominant hand. All of my patients benefited and enjoyed the workbook and how it helped them return to handwriting tasks." Stephanie E. Daugherty, MS, OTR/L, CHT, Army Lt. Col. (Ret.)

"This workbook is extremely practical and functional! It is an essential tool in hand dominance retraining for the upper limb amputee." Oren S. Ganz, MOT, OTR/L

"Handwriting for Heroes is more than a workbook! It's an investment into the future performance of my patients who need to return to occupations that demand handwriting. My patients enjoy the challenge and the success of the program!" -Kristi A. Say, OTR/L

Learn more about this book at HandwritingForHeroes.com

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