



# El Consejo Integral: A book in Spanish (Spanish Edition)

*Pablo Polischuk PhD*

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## **El Consejo Integral: A book in Spanish (Spanish Edition)** Pablo Polischuk PhD

The book represents an integration of biblical-theological and psychological principles, abstracted into a metacognitive-dialogical paradigm of practical applicability to psychotherapeutic and counseling endeavors. It appeals to exegetical and hermeneutic aspects in approaching the biblical text, deriving basis and principles to be used in the employment of strategies and avenues integrated to a new, metacognitive-dialogical approach in therapeutic assessment and treatment. The thrust of the work regards the person as a dialogical self in relation to God, to others, and self. The counseling encounter is defined as a dialogical endeavor which counts with the "thirdness" of God's presence and jurisdiction over the process of help. El Consejo Integral serves as a textbook for courses in counseling at graduate level, and may serve as a useful resource to pastors engaged in counseling as a vital part of their ministry. El libro representa una elaboración de principios bíblicos-teológicos integrados a la psicología clínica, vertidos en un paradigma metacognitivo-dialógico, el cual sirve de modelo y recurso aplicable a la psicoterapia y la consejería de carácter cristiano. El autor deriva su temática y sus principios, partiendo de una epistemología extraída de la exégesis y de la hermenéutica aplicada a los textos bíblicos, interpretados e integrados a las teorías y prácticas del campo de la psicología clínica. Tales bases fundamentales son presentadas como subyacentes al asesoramiento y a las estrategias a ser utilizadas en el tratamiento de las personas necesitadas. El libro sirve de texto para cursos a nivel graduado y de posgrado en seminarios en USA con departamentos hispanos, a colegios e institutos de enseñanza ministerial, y como recurso a las personas involucradas en los esfuerzos de prestar ayuda terapéutica, incluyendo a los psicoterapeutas y consejeros cristianos, como así también a los ministros cuyas labores incluyen la consejería pastoral.

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