



Confessions Of A Cutter: A True Story of Sexual Abuse, Self Mutilation, and Recovery

Lisa Verde

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In this shockingly candid memoir, award-winning writer Lisa Verde exposes the truth about her personal journey with self mutilation. She details the years of childhood sexual abuse, humiliation, and neglect that finally led to the spontaneous revelation that cutting and burning herself would keep her tethered to reality.

In a boldly convention-defying analysis, Verde asserts that burning and cutting herself from age 11 to 19 was a strong self-administered therapy that ultimately saved her sanity and her life.

As she writes: "I wanted to die, but more than that, I wanted to not die."

This work of non-fiction represents the very intimate struggle of one girl's journey into womanhood and wellness, through the personal struggle for courage and sanity.

Approximately 12,500 words, or 45-60 minutes of reading time.

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From reader reviews:

Florence Booth:

People live in this new day time of lifestyle always try to and must have the free time or they will get large amount of stress from both way of life and work. So , whenever we ask do people have spare time, we will say absolutely indeed. People is human not only a robot. Then we inquire again, what kind of activity have you got when the spare time coming to you actually of course your answer may unlimited right. Then do you try this one, reading publications. It can be your alternative within spending your spare time, typically the book you have read is actually Confessions Of A Cutter: A True Story of Sexual Abuse, Self Mutilation, and Recovery.

Mindy Hicks:

Playing with family in a very park, coming to see the sea world or hanging out with friends is thing that usually you have done when you have spare time, and then why you don't try matter that really opposite from that. 1 activity that make you not feeling tired but still relaxing, trilling like on roller coaster you have been ride on and with addition of information. Even you love Confessions Of A Cutter: A True Story of Sexual Abuse, Self Mutilation, and Recovery, you can enjoy both. It is excellent combination right, you still would like to miss it? What kind of hangout type is it? Oh come on its mind hangout guys. What? Still don't have it, oh come on its named reading friends.

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Are you kind of occupied person, only have 10 or 15 minute in your day to upgrading your mind skill or thinking skill even analytical thinking? Then you are receiving problem with the book compared to can satisfy your limited time to read it because this time you only find book that need more time to be study. Confessions Of A Cutter: A True Story of Sexual Abuse, Self Mutilation, and Recovery can be your answer given it can be read by anyone who have those short free time problems.

Lupe Holloway:

The book untitled Confessions Of A Cutter: A True Story of Sexual Abuse, Self Mutilation, and Recovery contain a lot of information on that. The writer explains her idea with easy means. The language is very straightforward all the people, so do not necessarily worry, you can easy to read it. The book was compiled by famous author. The author provides you in the new age of literary works. You can actually read this book because you can please read on your smart phone, or gadget, so you can read the book throughout anywhere and anytime. If you want to buy the e-book, you can available their official web-site in addition to order it. Have a nice learn.

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