



Personal Development in Counsellor Training (Counsellor Trainer & Supervisor)

Hazel Johns

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Within the contexts of contemporary counseling training, this book revisits the importance of continuing personal and professional development for every successful counseling practitioner. From the trainee and their personal development to the trainer and their course, it provides the answers to that all important question: what is personal and professional development and why is it necessary for counselors? The new edition explores: the importance of personal development and the core concepts that underpin it; the aims, commonalities and differences of personal development in different settings; the key differences in theoretical approaches and their implications for personal development; the issue of communication and relationship between counselors and professional organizations, society, and the 'virtual' world; and the trainee and trainer and the challenges of personal development.

Packed full of vivid accounts of personal experiences, questions and points for reflection, this book will prove an essential companion for anyone wishing to grow personally and professionally as a therapist.

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