



Principles and Practice of Grief Counseling, Second Edition

Darcy L. Harris PhD FT, Howard R. Winokuer PhD

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Praise for the First Edition:

"*This is the sort of text that I would be pleased to use in my classroom! I would highly recommend this book. It is an important contribution to the field.*"

Gerry R. Cox, PhD, from the review in *Illness, Crisis and Loss*

This core, introductory textbook for undergraduate- and graduate-level courses is the first to combine the knowledge and skills of counseling psychology with current theory and research in grief and bereavement. Written by two internationally recognized leaders in the field, the second edition has been updated to reflect important new research and changes in the field, including insights on complicated grief, resilience after adverse life experiences, and compassion-based approaches to death, loss, and grief. It discusses the implications of the *DSM-5's* omission of the bereavement exclusion for the diagnosis of a major depressive disorder. A completely new chapter on the social context of loss addresses social messages, grieving rules, workplace policies, and the disenfranchisement of many aspects of normal, healthy grief. New case scenarios further enrich the second edition.

The text describes the unique aspects of grief as a normal response to losses, both death- and non-death-related, and views the goal of counseling bereaved individuals as one of facilitating the unfolding of the healthy and adaptive aspects of the process as it manifests itself within each client. Specific counseling practices that facilitate successful interventions are discussed, particularly that of "presence," considered by the authors to be the primary therapeutic stance when working with bereaved individuals. Case studies, discussion and reflection questions, and suggested additional resources are included in each chapter.

New to the Second Edition:

- New insights on complicated grief, resilience, *DSM* categorizations of grief, and compassion-based approaches to death, loss, and grief
- A completely new chapter on the social context of loss, including social messaging, grieving rules, workplace policies, and privacy issues
- New case scenarios
- Addresses the unique aspects of grief after a suicide or homicide
- Distinguishes grief/complicated grief from depression and trauma
- New information on the role and use of grief support groups
- Newly developed models of compassion-based response for counselors
- Application of current neuroscience research to grief counseling
- Use of technology and online counseling

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Christopher Henricks:

This Principles and Practice of Grief Counseling, Second Edition is new way for you who has curiosity to look for some information mainly because it relief your hunger of information. Getting deeper you upon it getting knowledge more you know or perhaps you who still having tiny amount of digest in reading this Principles and Practice of Grief Counseling, Second Edition can be the light food for you personally because the information inside this particular book is easy to get through anyone. These books build itself in the form that is reachable by anyone, sure I mean in the e-book contact form. People who think that in book form make them feel sleepy even dizzy this publication is the answer. So there is no in reading a e-book especially this one. You can find actually looking for. It should be here for you actually. So , don't miss the idea! Just read this e-book type for your better life and also knowledge.

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