



# The Healing Questions Guide: Relevant Questions to Ask the Mind to Activate Healing in the Body

*Wendi J Jensen*

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## **The Healing Questions Guide: Relevant Questions to Ask the Mind to Activate Healing in the Body**

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Science is proving that the future of health is in mastering the mind. The most natural way to enter the subconscious mind is by asking it a question. By asking specific questions that correlate with the emotional and psychological roots that create disease and decay within the body, one is able to introduce a new possibility to the mind, release stale, toxic subconscious programming and activate healing in the body. The Healing Questions Guide is a resource to assist in the process of entering the mind to target specific symptoms in the body. From asthma to toe fungus, the carefully structured questions will open the mind and invite it to consider a new reality. When we align the mind with the divine pattern of health and wholeness, the body begins to run a new healing program and rearrange the outcome of our health to match the vibration of our new healing thoughts. The Healing Questions Guide will help expand your viewpoint, spark new ideas and invite the mind to release old negative thinking. You can take charge of your health at the core by investigating the thoughts, ideas and beliefs that feed disease and dysfunction in the body.

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