



Foundations and Clinical Applications of Nutrition: A Nursing Approach- Text Only

Michele Grodner, Sara Long, Sandra DeYoung

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Foundations and Clinical Applications of Nutrition: A Nursing Approach approaches the study of nutrition and diet therapy from the personal and professional perspective of nursing students. It emphasizes the role of nursing in health promotion and primary prevention, as well as in medical nutrition therapy. Skills essential for nursing professionals are emphasized for implementation and education of patients and clients about prescribed dietary patterns. A special feature entitled The Nursing Approach ends each chapter, demonstrating the continual application of the nursing process to each content area, and nursing-related content is integrated throughout the text.

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