



# 10,000 Steps Straight Up: Inspirational Short Stories From Sacred Mountains

*Dennis Lunt, Anita Lunt*

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Assorted tales of fortuitous events and inspirational people encountered while exploring China's remote monasteries. The book is a collection of true stories about adventures experienced while on photographic expeditions to Chinese mountains where kung fu originated. Travel anecdotes describe the trials and tribulations, the sweet and the bitter, both comic and tragic during pilgrimages to ancient martial arts mountains, visited during the last 20 years. Full-color photographs related to the quests enhance the reading experience. A great book to read while flying, commuting, or enjoyed by virtual arm-chair travelers. 140 pages, 5.5 x 8.25 .

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