



The Runner's Bucket List: 200 Races to Run Before You Die

Denise Malan

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Have you ever thought about running a 5K naked or getting the all-time biggest marathon finisher's medal? How about running five miles while eating a dozen donuts or chugging down a few beers? Or maybe you'd prefer running a half marathon in paradise or a 5K dressed as a gorilla? Whatever your dreams, runner and traveler Denise Malan has written the perfect book for everybody who is searching for America's greatest—and craziest—running adventures: the races that all enthusiasts should seriously consider running before they die. She gives the inside scoop on 200 truly unique races around the United States, covering distances from one mile to ultramarathon.

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