

Spiralizer Cookbook: Top 25 Healthy and Delicious Recipes for You and Your Family

Violla Green

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Looking for some healthy recipe inspiration? Here are our 25 favourite spiralizer recipes for you and your family!

A cookbook dedicated to healthy & creative recipes made with the spiralizer, a kitchen tool that turns veggies into noodles.

Here is a preview of what you will learn...

- Roasted Vegetable Noodles
- Raw Beetroot Salad with Walnut Dressing
- Cashew Pesto Pasta with Spring Vegetables
- Zucchini Noodles with Shrimp
- Cucumber Noodles with Asparagus
- Sweet Potato Pasta
- Zucchini Mint Pineapple Salad
- Much, much more!

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Playing with family in the park, coming to see the water world or hanging out with buddies is thing that usually you will have done when you have spare time, after that why you don't try matter that really opposite from that. A single activity that make you not sensation tired but still relaxing, trilling like on roller coaster you already been ride on and with addition of information. Even you love Spiralizer Cookbook: Top 25 Healthy and Delicious Recipes for You and Your Family, you can enjoy both. It is excellent combination right, you still wish to miss it? What kind of hang type is it? Oh can occur its mind hangout men. What? Still don't understand it, oh come on its named reading friends.

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